

# MENU

Week 1 W/C 15th April 2024

**Monday**

**Lunch**  
Fish Pie  
Vegetable Casserole  
Served with Garden Peas & Carrots  
Sultana Sponge & Custard  
**Afternoon Tea**—Lemon Drizzle Cake  
**Supper**  
Mushroom Soup  
Jacket Potato with Beans & Cheese  
Cheese & Onion Sandwiches  
Ham & Pickle Sandwiches  
On a selection of white or brown bread  
Chocolate Mousse



**Tuesday**

**Lunch**  
Shepherd's Pie  
Veggie Pie  
Served with Broccoli & Gravy  
Semolina  
**Afternoon Tea**—Coffee Cake  
**Supper**  
Cauliflower Soup  
Fish Fingers & Chips  
Tuna Sandwiches  
Chicken Sandwiches  
On a selection of white or brown bread  
Fruit & Cream



**Wednesday**

**Lunch**  
Chicken Carbonara  
Quorn Mince Cottage Pie  
Served with Garlic Bread  
Almond Sponge & Custard  
**Afternoon Tea**—Jam & Coconut Sponge  
**Supper**  
Tomato Soup  
Sausage & Mash with Gravy  
Cheese & Pickle Sandwiches  
Egg & Tomato Sandwiches  
On a selection of white or brown bread  
Jelly & Cream



**Thursday**

**Lunch**  
Minced Beef & Onion Pastry Pie  
Potato & Onion Pie topped with Cheese  
Served with Baby Roast Potatoes & Chunky Vegetables & Gravy  
Chocolate Sponge with Chocolate Custard  
**Afternoon Tea**—Vanilla & Cream Marshmallow Cake  
**Supper**  
Broccoli Soup  
Ham, Egg & Hashbrowns  
Ham & Cucumber Sandwiches  
Cheese Mayo Sandwiches  
On a selection of white or brown bread  
Banana Mousse with Fresh Bananas



**Friday**

**Lunch**  
Battered Fish & Chips  
Vegetarian Sausage  
Served with Mushy Peas, Tartare Sauce & Lemon Wedges  
Steamed Pears with Custard  
**Afternoon Tea**—Cup Cakes  
**Supper**  
Vegetable Soup  
Cauliflower Cheese  
Cheese & Tomato Sandwiches  
Tuna & Cucumber Sandwiches  
On a selection of white or brown bread  
Peaches & Cream



**Saturday**

**Lunch**  
Pork Hotpot  
Vegetable Hotpot  
Served with Mash Potatoes, Red Cabbage & Gravy  
Upside down Pineapple Cake  
**Afternoon Tea**—Coconut Cake  
**Supper**  
Pea Soup  
Cheese & Tomato Pasta Bake  
Ham Salad Sandwiches  
Egg Mayo Sandwiches  
On a selection of white or brown bread  
Trifle

**Sunday**

**Lunch**  
Gammon  
Cheese & Tomato Pasta Bake  
Served with Roast Potatoes, Broccoli & Carrots  
Apple Pie & Custard  
**Afternoon Tea**—Chocolate Cake  
**Supper**  
Lentil & Potato Soup  
Sausage Roll with Potato Wedges  
Chicken Sandwiches  
Cheese Sandwiches  
On a selection of white or brown bread  
Rice Pudding



**"Outstanding Food at Alban Manor"**



If you have any allergies please let the chef know. Chocolate and Snacks are available on all tea trolleys. If there is anything different you would like please ask our Chef. Please let us know if there is anything that you would like changing. We welcome suggestions

**Selections available every day**

**Breakfast**

Tea or coffee  
Apple, Orange & Cranberry juice  
Choice of Cereals  
Toast  
White or Wholemeal rolls  
Marmalade, Jam, Marmite  
Selection of Eggs  
Full English Breakfast

**Morning Tea**

Tea or Coffee  
Choice of Fruit Squashes  
Biscuit Selection  
Assorted Sandwiches  
Milkshakes

**Lunch**

Daily Main Meal  
Daily Vegetarian Option  
Seasonal Vegetables  
Daily choice of Potatoes  
Assorted Omelettes  
Choice of Salads  
Sausages  
Jacket Potatoes with a selection of toppings

**Dessert**

Ice Cream  
Assorted Mousse's  
Homemade Yoghurt  
Fresh Fruit  
Tea or Coffee

**Afternoon Tea**

Tea or Coffee  
Choice of Fruit Squashes  
Homemade Cakes  
Biscuit Selection  
Assorted Sandwiches  
Milkshakes

**Supper**

Daily Supper Meal  
Choice of fruit Squashes  
Bread & Butter  
Assorted Sandwiches  
Cheese & biscuits  
Fresh Fruit  
Tea or Coffee

**Evening Tea**

Tea or Coffee  
Choice of Fruit Squashes  
Hot Chocolate  
Ovaltine  
Horlicks